

# English Encounter Group in Southern Gironde

## Practical Details

<u>Dates 2010:</u>	November 13 <sup>th</sup> December 11 <sup>th</sup>
<u>Dates 2011:</u>	January 8 <sup>th</sup> February 12 <sup>th</sup> March 12 <sup>th</sup> April 9 <sup>th</sup> May 7 <sup>th</sup> June 18 <sup>th</sup>
<u>Time:</u>	from 14h to 18h
<u>Place:</u>	10 place de Mauvert 33550 Lestiac sur Garonne
<u>Number of participants:</u>	maximum 12 persons
<u>Price:</u>	50 € per session
<u>Engagement:</u>	You may participate once without engagement. Then you decide if you continue and the engagement is valid for all sessions.
<u>Facilitators:</u>	Willi ROES, Counsellor, Supervisor, Trainer Laurence MARY, Counsellor
<u>Contact:</u>	You should have a free meeting with at least one of the facilitators before the group in order to harmonize motivation and expectations.

## **CAPi**

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# English Encounter Group Carl Rogers

Encounter groups (or therapy groups) help participants to be closer to themselves through the exchange with other participants.

Feel free to be yourselves and get trained in showing who you really are.

The facilitators are involved in creating a safe environment in order to allow sharing feelings, develop a sense of understanding and acceptance of every one's self. Everyone is engaged in understanding from each person's unique point of view.



We will experience these ways of being one Saturday afternoon per month in southern Gironde near Cadillac.

The base of these groups is the person-centred approach, developed by Carl R. Rogers.

Both facilitators are profoundly engaged and trained in this approach, Willi is the actual president of PCE-Europe and holder of the European Certificate of Psychotherapy and a PCE-Europe trainer.

**Give yourself a chance to be more and more  
yourself.**